



A conceptual framework for improvement of nutritional status. The goal is to start with the people (at the bottom) and bring them to "nutritional well-being" at the top, where basic physiologic needs will have been met. The process shows that the problems encountered along the way, the "underlying factors," fall into different sectors or disciplines. Thus, an integrated multisectoral and multidisciplinary approach is required. (Adapted by the Food and Nutrition Division, FAO, from the Joint WHO/UNICEF Nutrition Support Program in Iringa, Tanzania, 1988.)