

# ALL CAUSE MORTALITY

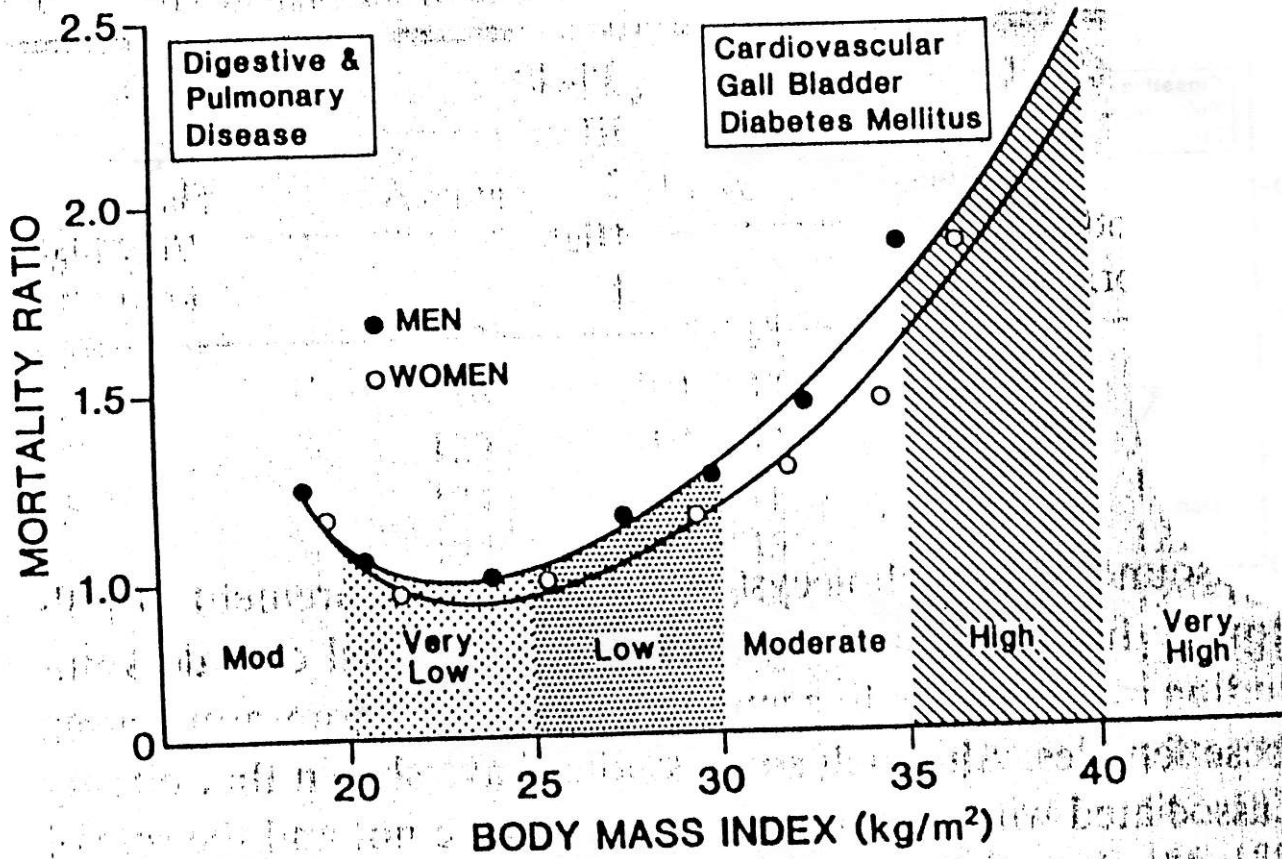


FIG 5. Relationship of BMI to risk. The curvilinear plot is based on data adapted from the American Cancer Society study. As BMI increases the excess risk rises. A healthy or good body weight range is between 19 and 27 kg/m<sup>2</sup>.

Bray, GA: Pathophysiology of obesity. Am J Clin Nutr: 55(2S) 488S-494S (1992)  
 Lit. 31937