

TABLE 14

ICNND Suggested Guide to Interpretation N¹-methylnicotinamide Excretion Data^{1,7}

Subjects	Deficient	Low	Acceptable	High
Adults: (males and nonpregnant nonlactating females)				
mg/g creatinine	< 0.5	0.5 to 1.59	1.6 to 4.29	≥ 4.3
mg/6 hr	< 0.2	0.2 to 0.59	0.6 to 1.59	≥ 1.6
Pregnant women: ^{1,8} (mg/g creatinine)				
1st trimester	< 0.5	0.5 to 1.59	1.6 to 4.29	≥ 4.3
2nd trimester	< 0.6	0.6 to 1.99	2.0 to 4.99	≥ 5.0
3rd trimester	< 0.8	0.8 to 2.49	2.5 to 6.49	≥ 6.5
All age groups: 2-pyridone/N ¹ -methylnicotinamide ratio ^{1,9,12,36}		< 1.0	1.0 to 4.0	