

The elements of individuality

Genes	Constitutional factors	The environment
Major genes	Age	Time
Modifiers	Sex	Geography
	Developmental stage	Climate
	Homeostatic specificities	Socioeconomic status
	Biochemical	Occupation
	Immunological	Education
	Physiological	Dietary habits
	Maternal factors	Other habits
	Cognitive qualities	Other diseases
	Temperament	
	Ethnic group	

Childs, B.: Genetic variation and
nutrition. AJCN 48:1500(1988)
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