

Calories and Protein Available per Head per Day
in 1951, 1957, 1958 and 1959

	Calories	Animal (g.)	Protein vegetable (g.)	Total
<i>1951</i>				
Whole of Uganda (Wilson, 1954)	4,037	8.9	75.9	84.8
<i>1957</i>				
Whole of Uganda (Gale, 1960)	3,699	7.8	63.8	71.6
<i>1958</i>				
Buganda	2,752	11.5	44.6	56.1
Eastern Province	5,912	12.0	100.0	112.0
Northern Province	4,090	12.2	100.6	112.8
Western Province	3,648	4.9	63.2	68.1
Whole of Uganda	4,134	10.2	76.0	86.2
<i>1959</i>				
Buganda	3,077	13.7	51.1	64.8
Eastern Province	6,583	13.1	108.8	121.9
Northern Province	4,032	14.2	103.2	117.4
Western Province	3,591	5.8	61.4	67.2
Whole of Uganda	4,399	11.8	80.3	92.1
Theoretical requirement	2,545	—	—	65.0

aus:

A.P. Burgess:

Calories and Proteins
available from local

Sources for Uganda

Africans in 1958 and 1959

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