

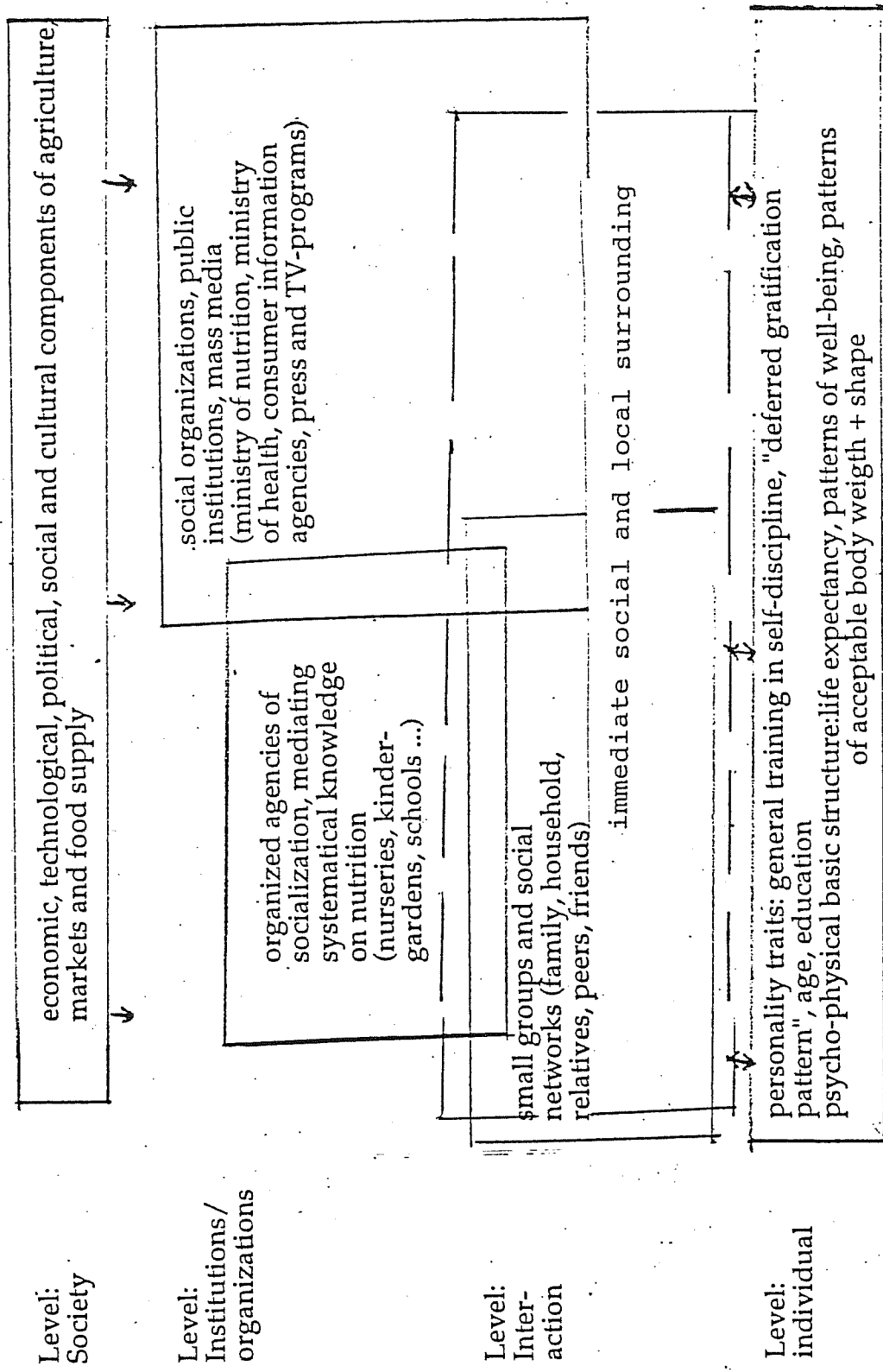
"Impact of changing food choice and habits on nutritional status in European Countries".

Sociological statements¹:

- Improved nutrition is a question of socialization
- Influences of socialization are effective on different levels - therefore, this majority of levels has to be taken into consideration both with regard to the analysis and its possible influence.
- the more overlapping (and similar direction) of influences, the more effective will be the impact
- the key addresses must be identified systematically where nutrition informations for consumers are being questioned
- discrepancies between ascribed authority and virtually lacking knowledge are a point of departure for improvement (e.g. key: profession medical doctor!)
- case studies analysing the demand of information for key professions have to be carried out
- nutritional patterns are developed especially in young age. So research should concentrate here on the younger age group.
- it is to be recommended to collect as much as possible literature and reports being known, available or performed at our places to the topic: socialization and nutrition in a pool. (including "grey" literature!)
- starting form there it will be possible to invite students to work on a thesis closing the gaps.
- it might be fruitful to start an international comparative study on the topic "socialization and nutrition" to see patterns of influence and to evaluate different ways and procedures.
- it can be mentioned that recently a couple of Diplomarbeiten (Masters thesis) could be written by our students in this realm of topics: (selection:)

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A model of nutritional socialization: levels and components



cf:

- Birgit Bender: Informations- und Schulungsbedarf von Allgemeinmedizinerinnen zu ernährungswissenschaftlichen Sachverhalten
- Anne Kilburg: Evaluation des ernährungspädagogischen Kinderprogramms von "Richtig essen"
- Susanne Hellweg: Kinder und Konsumwerbung
- Ursula Schneiders: Evaluation des AID-Computerprogramms: Vollwertig essen und trinken
- Anita Kaiser: Schulungsbedarf von Fachkräften in Erwachsenen-Bildungsstätten im Bereich "Haushalt und Ernährung"
- Manuela Lang: Schulungsdefizite und Informationsbedarf bei Lehrern im Ernährungsbereich
- Monika Heimes: Professionalisierungstendenzen in der Ernährungsberatung