

Second Nutrition Survey in Saxony

Saxon State Ministry for Environment and Agriculture (Dresden)
in cooperation with
Saxon State Ministry for Social Affairs (Dresden)

Objectives

In 1999, the first nutrition survey in Saxony has been performed. After a five years period, the second survey has been initiated by the State Ministry for Environment and Agriculture in cooperation with the State Ministry for Social Affairs.

The aims of the study were:

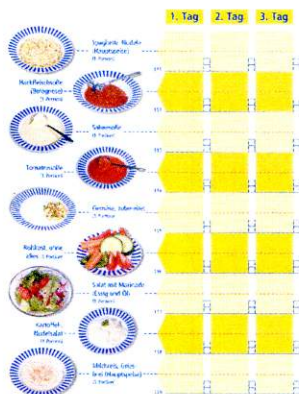
- To analyze the current eating habits in the Saxony population
- To compare the results of both the first and the second nutrition survey
- To develop strategies for consumer information and nutrition counselling.

Methods

We used the following research instruments:

A 3-day-record to explore energy and nutrient intake.

A Standardized Questionnaire concerning nutrition and health related behaviour, nutrition attitudes and knowledge, food shopping patterns – especially regional food, genetically modified food, and enriched and functional food.



Design and Sample

Execution:
GfK HealthCare,
Nürnberg



The study was performed from November 2004 to July 2005.

Following the protocol of the first nutrition survey, the second one was designed as a representative cross-sectional study. A random sample of 1317 persons was requested to complete the questionnaire.

First Results

A total of 1293 persons responded to the questionnaire (face to face interview) and 1022 persons responded to the 3-day-record (79 %).

	total	adult (17 – 80 years)	kids/youth (4 – 16 years)
questionnaire	1293	1134	159
3-day-record	1022	911	111
rate of return	79 %	80 %	70 %

Data are now completed for analysis and further results will be expected for presentation in December 2005 at the first congress on prevention in Dresden.

A comprehensive report will be published in 2006.

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