

PROTEIN INTAKE

Minimum 32 g Usual 100 g

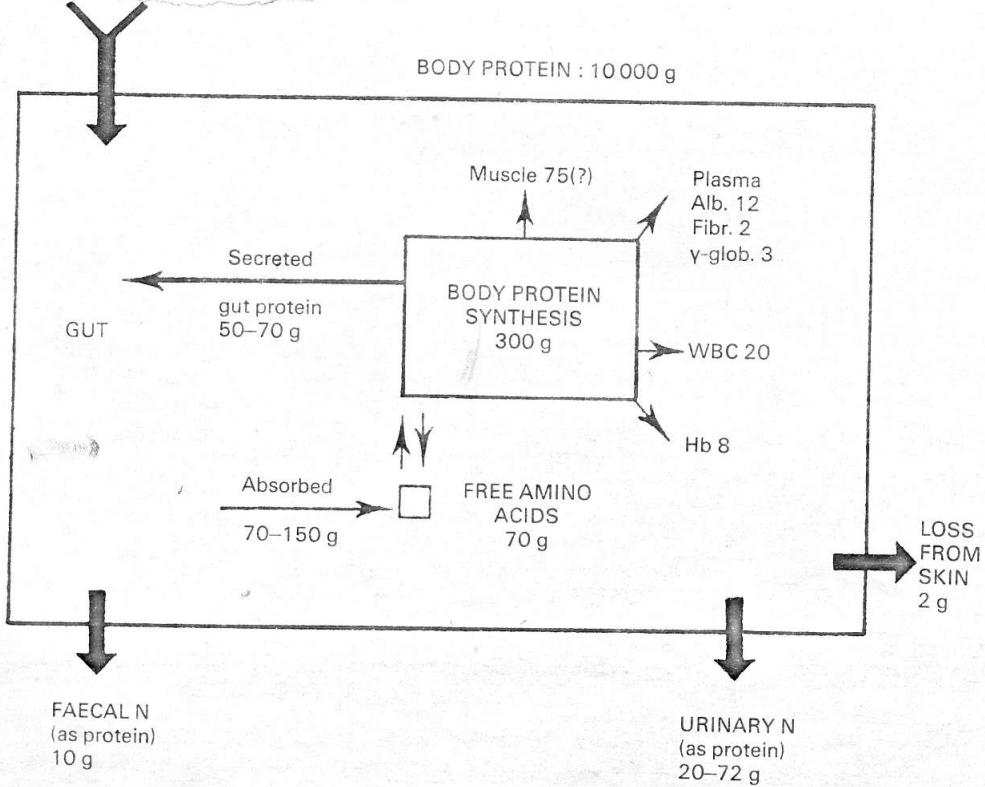


Fig. 6. Over-all protein metabolism in a 70 kg man (from Munro, 1972b).